



User Manual



RUNNING VEST



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General information



Carefully read the user manual and the safety instructions before using this product for the first time. The running vest should be used only in the manner described in this user manual. Failure to comply with the following instructions may result in serious injury. The user manual is an integral component of the running vest. Retain the user manual for later reference and include it with the running vest if it is passed on to other users.

This user manual can also be requested as a PDF file. Please contact us at the following email address with regard to this: info@aspiria-nonfood.de.

The running vest is compliant with the PPE Regulation (EU) 2016/425 and the EN 13356:2001 standard.

Signs and symbols

The following symbols and key phrases are used in this user manual, on the running vest, or on the packaging.



Read the instructions before use!



WARNING!

This symbol/key phrase indicates a hazard with a high degree of risk, which, if not prevented, could lead to death or serious injury.



CAUTION!

This symbol/key phrase is used to identify a low level of risk, which, if no steps are taken to prevent it, could lead to limited or minor injuries.

NOTICE!

This key phrase is used to warn of possible damage to property.



Keep batteries out of the reach of children.



The CE symbol confirms conformity with PPE regulation (EU) 2016/425.



Do not dispose of old equipment in household waste (see Section 'Disposal').



Do not dispose of old equipment in household waste (see Section 'Disposal').



This symbol identifies electrical items that meet Protection class three standards.



This symbol indicates items that are powered by direct current.



This symbol indicates dangerous goods with a lithium battery.



Date of manufacture



This symbol indicates the date up to which the article may be used.

Intended Use

The running vest is designed for training outdoors. The running vest helps you stay safe in twilight and darkness by increasing your own visibility. The running vest is not a toy. The running vest is intended solely for private use and is not suitable for commercial or professional use.

Safety instructions



WARNING!

The running vest is dangerous for children and persons with reduced physical, sensory or mental capacities (for instance, the partially handicapped, older persons with restricted physical or mental capacities) and those who lack experience and knowledge (for example, older children).

- The running vest is not a toy. The running vest includes long straps that children can strangle themselves with. Do not allow children to play with the running vest.
- Children over eight and persons who are physically, sensorially or mentally less capable (for instance, the partially disabled, older persons with restricted physical or mental capabilities) and those who lack experience and knowledge (for example, children) may use the running vest only under supervision and only after they have been instructed in its safe use and the associated risks.
- Children must not service or clean the product without adult supervision.
- Never leave children unattended with the batteries. Children can swallow batteries. Swallowing the battery can cause burns and death. Seek medical attention immediately if a child has swallowed a battery.

⚠ WARNING!**Risk of injury due to improper handling of batteries!**

- Never damage, open or short-circuit the batteries.
- Never throw batteries into fire.
- Never recharge disposable batteries. There is a risk of explosion.
- Do not expose the batteries to extreme conditions such as heat (e.g. radiators or the sun). There is a risk of explosion!
- Never leave batteries in the hands of children or unauthorised persons. There is a risk of swallowing. Seek medical attention immediately if a battery is swallowed.
- Remove low or empty batteries from the running vest. There is an increased risk of battery leakage. Avoid battery acid making contact with skin, eyes and mucous membranes. In the event of contact, rinse thoroughly with soap and water. In the event of contact with eyes or mucous membranes, seek medical advice immediately. If the batteries leak, put on gloves and clean the battery compartment with a dry cloth.
- Always observe the polarity when inserting the batteries.
- Remove the batteries when you are not going to be using the running vest for an extended period of time.

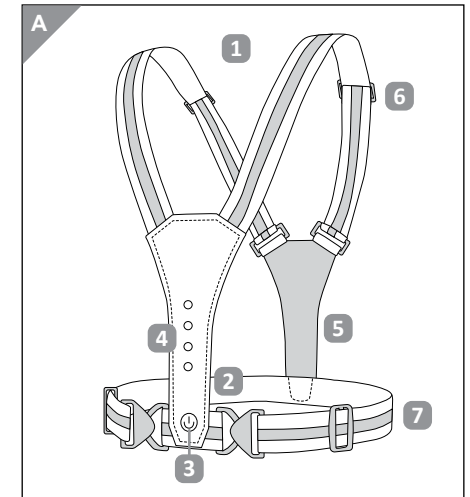
⚠ WARNING!**Risk of injury!**

- The running vest's battery compartment and LEDs are not protected against moisture. Keep the running vest away from water and other liquids. Do not use the running vest in the rain.
- Check the running vest for damage before every use. Do not use the running vest if it is damaged.
- Do not make any modifications to the running vest.
- Replace the running vest no later than five years after the date of manufacture indicated on the running vest.

Contents / parts description

- 1 Running vest
- 2 Battery compartments with batteries inserted
- 3 On/off button
- 4 White LEDs
- 5 Red LEDs
- 6 Adjustable shoulder straps
- 7 Adjustable waist belt

User manual

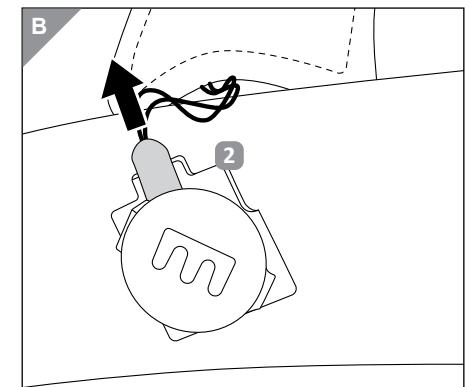
**Check contents**

Check that all parts are included and that the running vest shows no signs of damage. If this is the case, do not use the running vest.

Inserting and changing the batteries

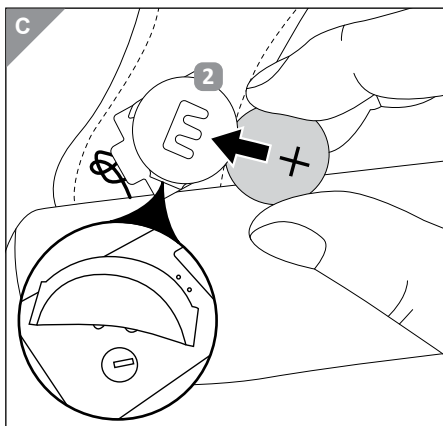
When starting up the device for the first time, a type CR2032 battery is already inserted into both battery compartments.

1. Pull the front and rear battery compartments 2 through the opening.
2. Pull the safety strips out of the battery compartment.
3. Put the battery compartments back into the opening. Make sure that the battery compartment and cable are completely covered by the fabric.



To change the batteries, proceed as follows:

1. Pull the front and rear battery compartments **2** through the opening.
2. Remove the old batteries by sliding them out.
3. Insert a new CR2032 battery as shown. Ensure the correct polarity (plus and minus pole).

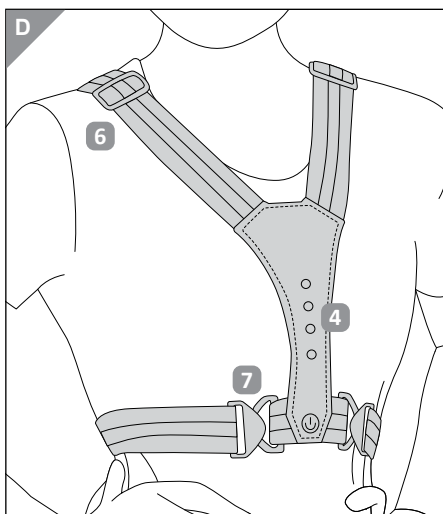


4. Put the battery compartments back into the opening. Make sure that the battery compartment and cable are completely covered by the fabric.

Putting on the running vest

The running vest is designed so that the white LEDs **4** are on the front and the red LEDs **5** are on the back.

1. Pull the running vest **1** over your torso as shown.
2. Adjust the size as needed using the adjustable waist belt **7** and the adjustable shoulder straps **6**. The running vest should sit close to the body, but should not dig in.



Using the LED lights

The LED light has two different modes:

1) flashing, 2) continuously lit up. The LED lights can be switched on for the front and rear separately.

1. To activate light mode 1), press the on/off button **3** once.
The LEDs **4** / **5** flash.
2. To activate light mode 2), press the on/off button **3** a second time.
The LEDs **4** / **5** light up continuously.
3. To switch off the LED light, press the on/off button **3** a third time.

Cleaning and maintenance

NOTICE!

Danger of damage to property!

- Never use aggressive or solvent-based cleaning agents, metallic sponges, or coarse brushes.
- Do not allow any liquids into the interior of the battery compartments or LEDs. If moisture has penetrated through, stop using the running vest.

Clean the running vest only superficially with a dry, soft cloth. To remove stubborn dirt deposits, use only a slightly moist cloth. The running vest's LEDs cannot be replaced. When the LEDs have reached the end of their service life, the entire light fixture must be replaced.

The life span of the running vest depends on the frequency and intensity of use. Do not use the running vest if it is damaged.

Storage

If you will not be using the running vest for a longer period of time, remove the battery (see chapter 'Inserting and changing the batteries'). Store the running vest in a dry location out of the reach of children. Keep the running vest out of direct sunlight and away from other heat sources as well as frost. Do not expose the running vest to excessive mechanical stress during storage and transportation.

Disposal

Packaging

All packaging components can be disposed of, in accordance with applicable regulations, by an authorised waste disposal firm or the local authority responsible for waste disposal. The staff at your local waste disposal firm will inform you, on request, about options for environmentally friendly and proper disposal.

Old equipment




In accordance with legislation, old electronic equipment must be disposed of at collection points for electrical and electronic waste. Address and opening times of the collection points are available from your local authority.

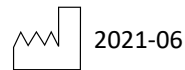
Batteries



You have a statutory obligation to dispose of batteries at collection points for used batteries. You will find these either at the point of sale of the product, battery retailers or at your local authority recycling centres. Batteries must be fully discharged before you dispose of them at the used batteries collection point.

Technical Data

2 x CR2032, each 3 V ; max. 0.16 W (red) / max. 0.06 W (white)



The CE symbol confirms conformity with PPE regulation (EU) 2016/425.

Notified body:

TÜV Rheinland LGA Products GmbH

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D-90431 Nürnberg

Notified body number: 0197

The EU Declaration of Conformity is available at the following internet address:

www.aspiria-nonfood.de/downloads

The latest version of the type label is available at the following internet address:

www.aspiria-nonfood.de/downloads



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